Technique Meets Treatment: Why Both Matter, Equally.

Date: Thursday, May 8th, 2025

Time: 12:00pm -1:30pm

Location: CASEM Conference | Tignish/Summerside room, 1st floor

Session Highlights:

- Explore the roles of intra-articular injection techniques and treatment options in achieving optimal outcomes for patients with osteoarthritis.
- Gain insights from a key opinion leader as he performs live patient injections, showcasing best practice techniques.
- Translate learnings into practical applications to enhance treatment options and delivery.
- Engage in a collaborative learning environment designed to foster professional exchange of shared experiences.

Speaker: Dr. Nathan Urguhart, MD, FRCSC

Orthopaedic Surgeon, Dartmouth General Hospital | Assistant Professor, Dalhousie University

About Dr. Urquhart Dr. Urquhart comp

Dr. Urquhart completed his medical degree and orthopaedic residency at Dalhousie University, followed by a fellowship in Arthroscopy and Sports Medicine at McMaster University. He also holds a Master's in Exercise Sciences with a focus in Aerospace Physiology, along with a BSc in Kinesiology.

His clinical focus includes arthroscopy and sports medicine of the shoulder, hip, knee, and ankle—specializing in ligament reconstruction, meniscus and cartilage injuries, knee osteotomies, shoulder instability, rotator cuff repair, and hip labral surgery.

Dr. Urguhart works with several local and national sports teams.



Join us for an interactive lunchtime session!

Register now - limited availability.



Secure your spot by clicking the registration link below. Attendance is on a first-come, first-served basis.

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